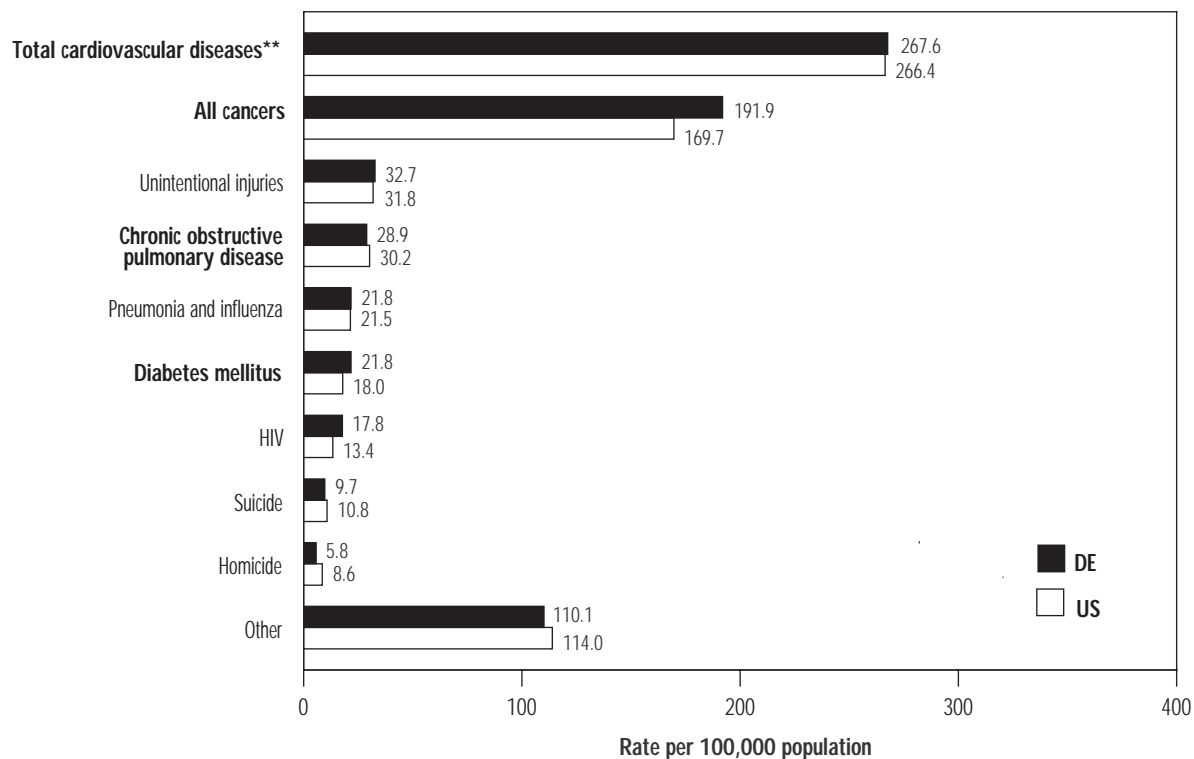


Delaware: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Delaware, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is fifth.
- In 1995, 72% of all deaths in Delaware were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, and diabetes were higher in Delaware than in the United States; the death rate for chronic obstructive pulmonary disease was lower.

Causes of Death, Delaware Compared With United States, 1995*



*All data are age adjusted, 1970 total U.S. population.

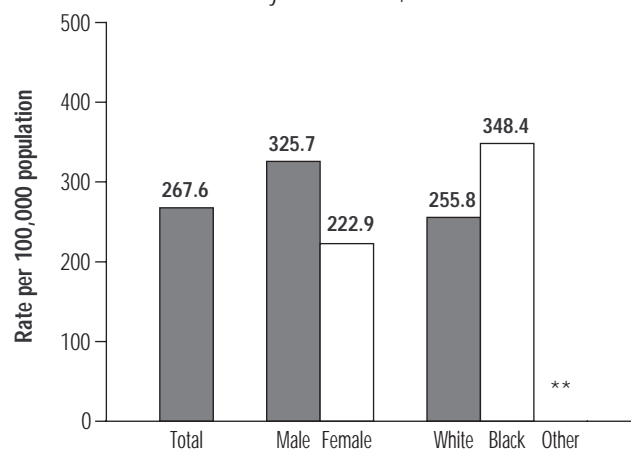
**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (117.7 per 100,000 in Delaware and 135.2 per 100,000 in the United States) and rates of death due to stroke (36.6 per 100,000 in Delaware and 42.5 per 100,000 in the United States).

Delaware: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Delaware, accounting for 38% of all deaths.

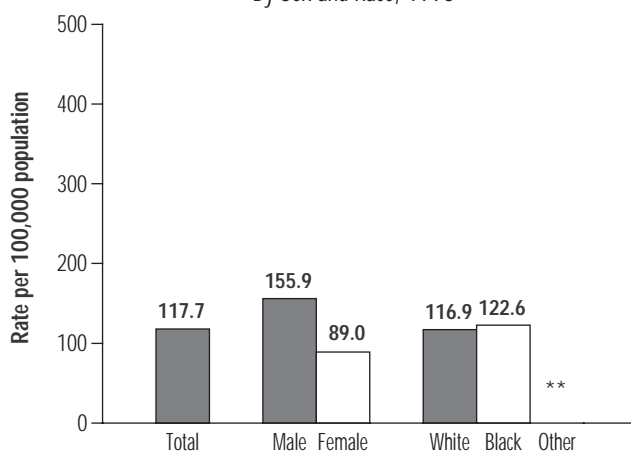
- Ischemic heart disease accounted for 44% of all cardiovascular disease deaths in Delaware in 1995; 1,075 people in Delaware died of ischemic heart disease.
- In 1995, 343 people in Delaware died of stroke.

Delaware: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



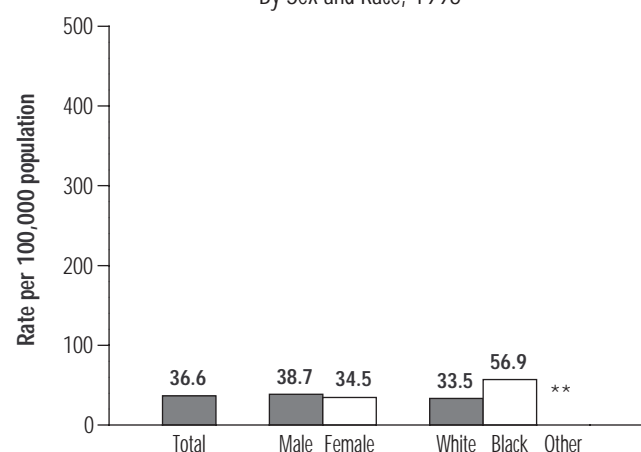
**Too few numbers to analyze.

Delaware: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Delaware: Stroke Death Rates
By Sex and Race, 1995



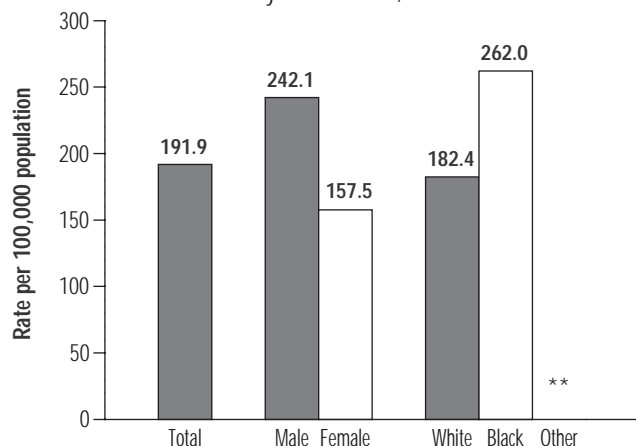
**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Delaware: Cancer

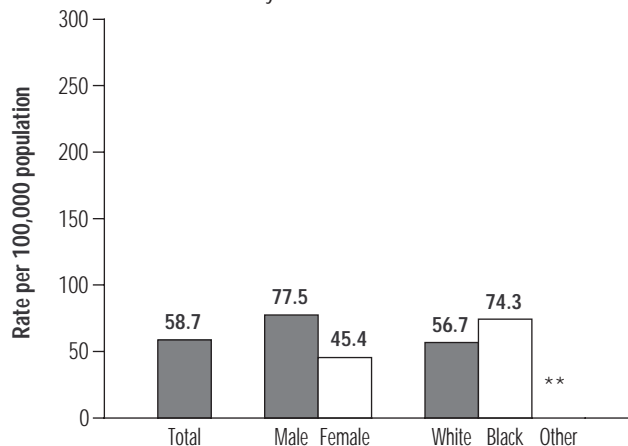
- Cancer accounted for 27% of all deaths in Delaware in 1995; 1,630 people in Delaware died of cancer.
- In Delaware in 1995, 487 people died of lung cancer, 169 people died of colorectal cancer, and 131 women died of breast cancer.
- The American Cancer Society estimates that 600 new cases of lung cancer, 340 new cases of colorectal cancer, and 570 new cases of breast cancer will be diagnosed in Delaware in 1997.

Delaware: All Cancer Death Rates
By Sex and Race, 1995



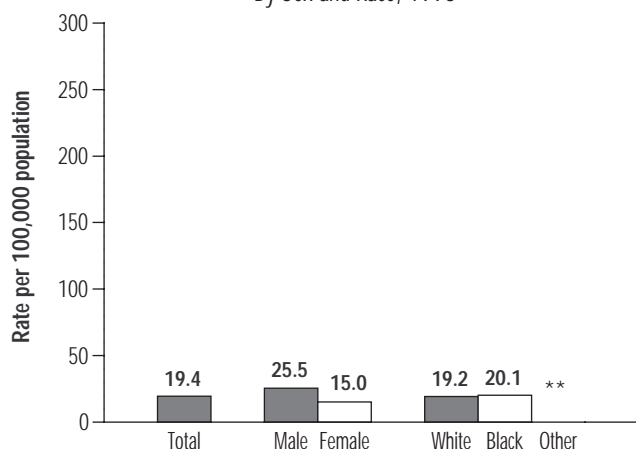
**Too few numbers to analyze.

Delaware: Lung Cancer Death Rates
By Sex and Race, 1995



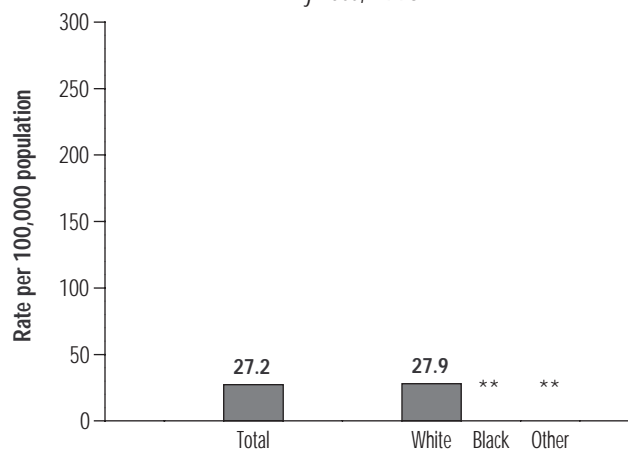
**Too few numbers to analyze.

Delaware: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Delaware: Breast Cancer Death Rates Among Women
By Race, 1995

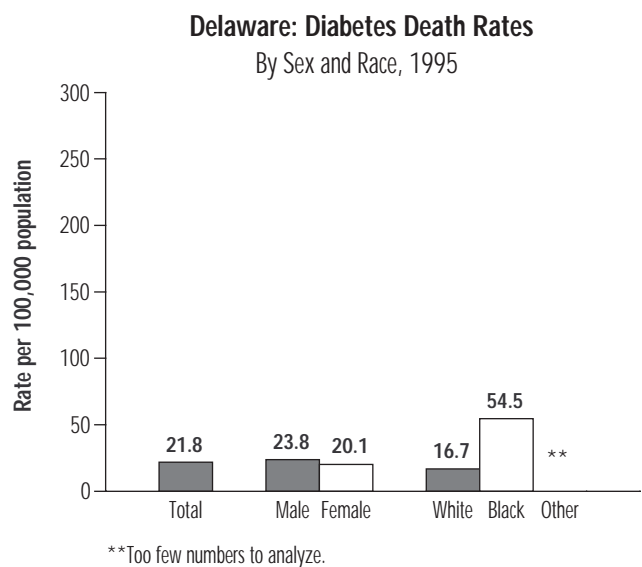


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Delaware: Diabetes

- In 1994, 26,274 adults in Delaware had diagnosed diabetes.
- Diabetes was the underlying cause of 193 deaths in Delaware in 1995.
- In 1993, diabetes was the most common contributing cause of 48 new cases of end-stage kidney disease in Delaware.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

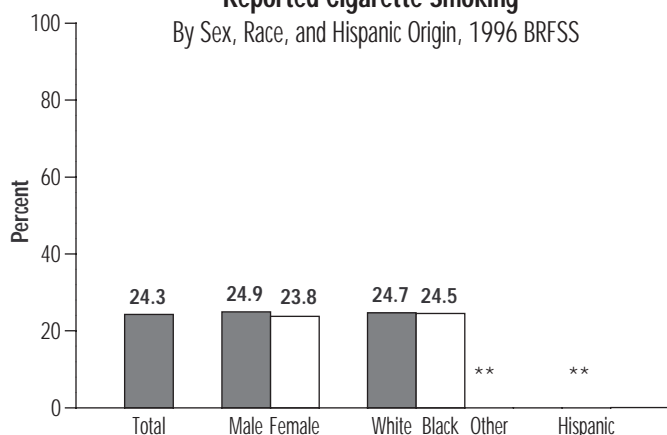


Note: All data are age adjusted, 1970 total U.S. population.

Delaware: Risk Factors

Delaware: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

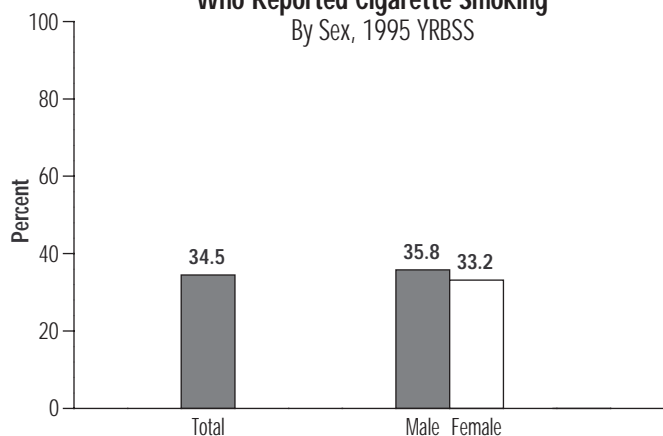


*Ever smoked at least 100 cigarettes and now smoke every day or some days.

**Too few numbers to analyze.

Delaware: Percentage of High School Students Who Reported Cigarette Smoking*

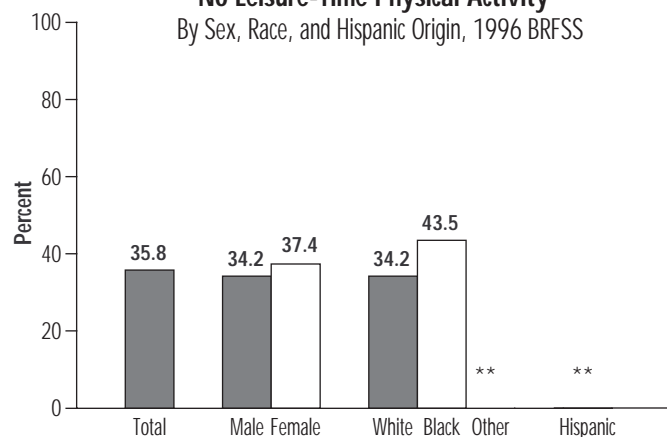
By Sex, 1995 YRBSS



*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

Delaware: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

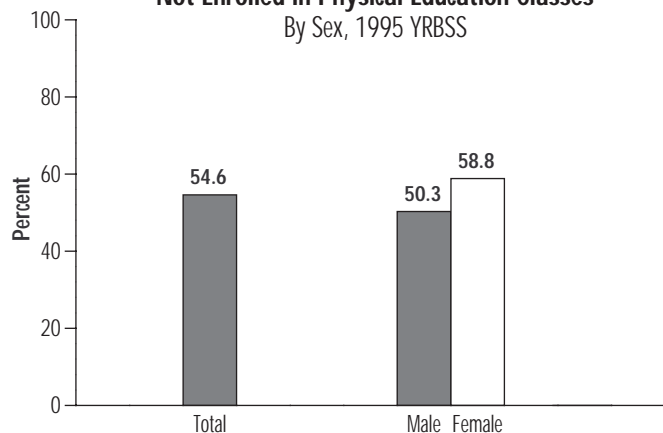


*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

**Too few numbers to analyze.

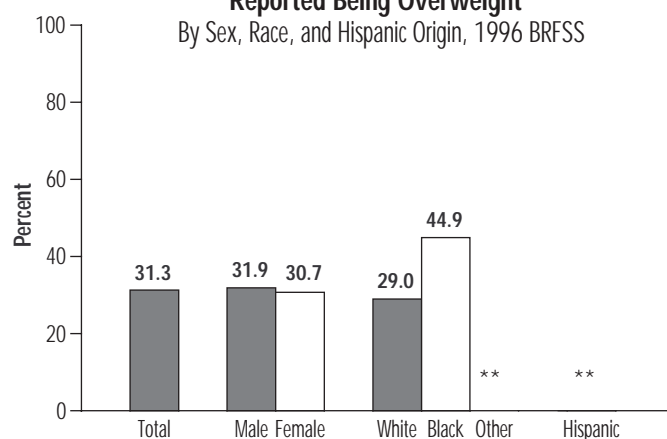
Delaware: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS



Delaware: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



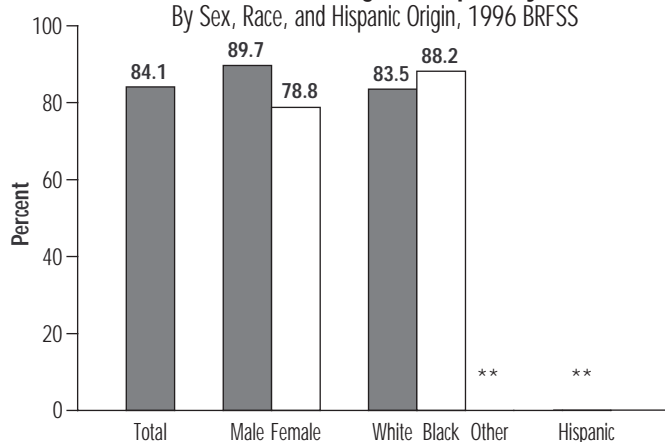
*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population. YRBSS data are unweighted and thus apply only to the students participating in the survey.

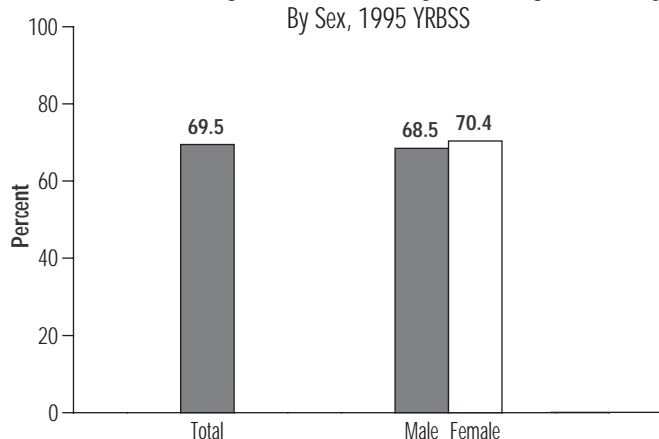
Delaware: Risk Factors

Delaware: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day
By Sex, Race, and Hispanic Origin, 1996 BRFSS



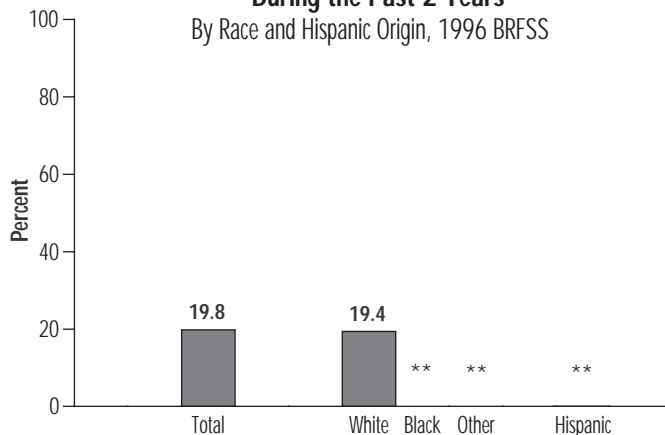
**Too few numbers to analyze.

Delaware: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey
By Sex, 1995 YRBSS



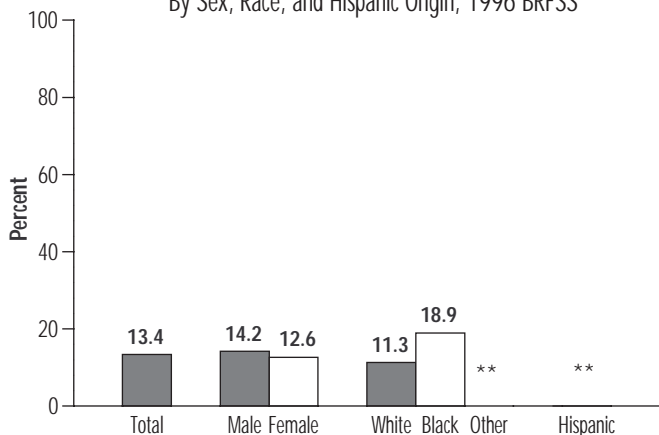
Delaware: Preventive Services

Delaware: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Delaware: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance
By Sex, Race, and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population. YRBSS data are unweighted and thus apply only to students participating in the survey.